

# Rugby Racing Cycling Club

[www.rugbyrcc.org.uk](http://www.rugbyrcc.org.uk)

## 10 Mile Open Time Trial

*Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations*

**SATURDAY 30th JULY 2022**

**Course: K11/10T**

**Start: 2.00 pm**

**Event Headquarters: Dunchurch Village Hall** - Post Code CV22 6PN - Map ref. 486717  
(HQ opens 1 pm)

**Timekeepers:** Barry Harden & Richard Stirling

**Event Secretary:** Laurie Bird, 11 Mulberry Road, Rugby, CV22 7TD  
Tel. 01788 813025 Mobile: 07703 499372  
Email: [laurie.bird@btinternet.com](mailto:laurie.bird@btinternet.com)

**Please note:** There will be no pushers-off as some riders are not comfortable with close proximity.

### Directions to HQ from A45

From the centre of Dunchurch (A45/A426 cross roads) take the A426 towards Rugby. Proceed on A426 for 0.3 mile. Dunchurch Village Hall is on the right. For those with Sat-Navs the post code is CV22 6PN and the map ref. is 486 717. You can see more about the hall on their website

[www.dunchurchsportsandvhall.co.uk](http://www.dunchurchsportsandvhall.co.uk) Please do not bring dogs into the Headquarters building.

### Parking at Dunchurch Village Hall

There is an off-road car park next to the hall. If the car park is full proceed to the far side of the car park and park on the grass as near to the fence by the main road as possible. Do not park on the main road through the village.

Please do **not** park on the actual course or at the start and finish.

### Numbers

Numbers will be available at the event headquarters. **Note that riders are required to sign off when handing in their number after finishing.**

NB. Riders' PBs are used only for field placement in accordance with CTT guidelines.

### Directions to the Start

From the HQ turn left onto the A426 and proceed to the cross roads (traffic lights) at the centre of Dunchurch. Turn right onto the A45 (signpost Coventry). At the A45/M45 island follow the sign to Coventry (dual carriageway). The start is in the first lay-by immediately on the left. The total distance from the HQ to the start is 1.9 miles.

### Event Categories & Prizes:

**Men:** £50, £40, £30

**Women:** £50, £40, £30

**Vet on Std:** £30, £25, £20

NB. One prize per rider, excluding team prizes. Where riders are eligible for more than one prize the higher monetary value will apply. If the prize value is the same the order of the prize list will determine priority.

**Age Categories\*** £15 per category

\*.Age categories (Based on age on day of event).:  
A 40-44, B 45-49, C 50-54, D 55-59, E 60-64, F 65-69, G 70 +.

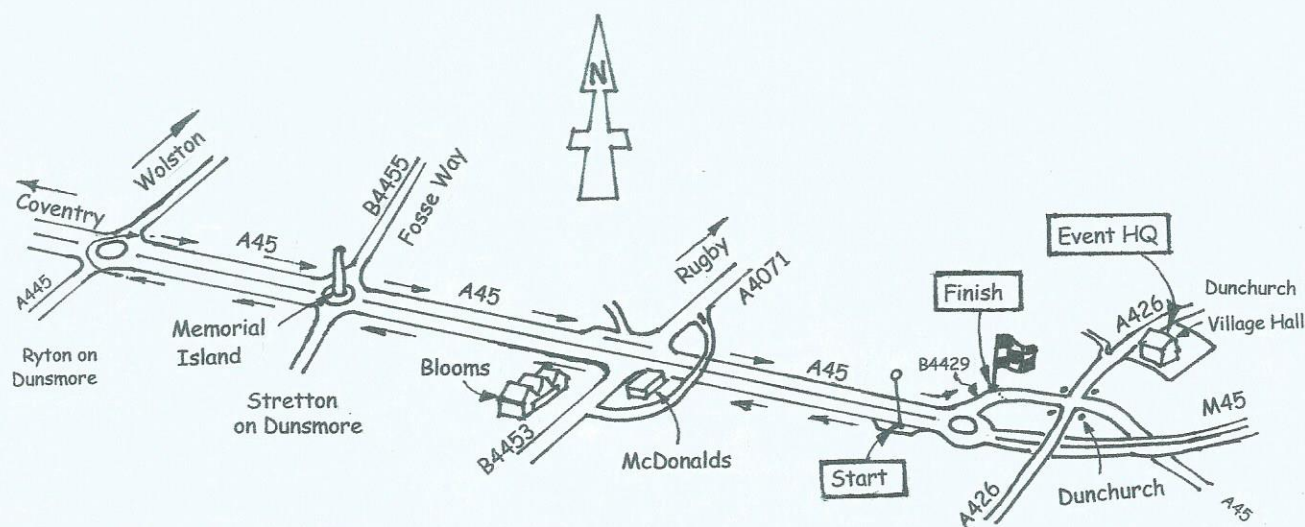
**Fastest Team of 3** £15 per rider

**Once the Event has started at 14:00, no competitor shall use any part of the course for warming up prior to their start time. Any rider doing so risks disqualification.**



## Course Description:

Grid ref	Details	Distance (miles)
SP 460 718	Start in lay-by 200 yds west of the A45/M45 Thurlaston island, at the 3rd join in the concrete apron.	0
SP 415 732	At island junction with B4455 (Fosse way) take second exit (A45)	3.146
SP 391 741	At island junction with A445 encircle the island to retrace (A45)	4.776
SP 415 732	Past island at junction with B4455 (Fosse way)	6.384
SP 465 715	At A45/M45 turn left (B4429)	9.649
SP 469 714	Finish 60 yards past the turn to Thurlaston (Main Street), in line with the eastern and the exposed gate post immediately past the property named "Newhaven."	10



Course: K11/10T

## Course Record

The course record is 18:25 set by Matt Bottrill in the Rugby RCC event held 26-7-2014.

## Safety

Helmets: It is a CTT rule that all riders wear a hard-shell helmet which meet an internationally accepted safety standard.

Lights: It is a CTT rule that all riders display a front and rear light which must be working at the start of the event.

## Thanks

To the marshals and timekeepers, without whom the event could not take place.